

# Welcome

Thank you for choosing **BreakThru** by TCI Solutions to help you move one step closer to clarity.

*Insecurity reacts.  
Identity leads.*

**A *healthy identity***  
doesn't make you perfect,  
but it does make you ***consistent.***



**Book  
Clarity Call**





# Coaching Corner



## IDENTITY AUDIT

- Who am I?
- Who are my people?
- Where am I going?
- What are my non-negotiables?
- Who do I sense myself becoming?

## DEFINE YOUR ONE-SENTENCE IDENTITY

I am a [identity] who helps [people] do [impact] so they can [outcome].

## FIVE FRIENDS INVENTORY

List your five closest friends, including God.

- 1.
- 2.
- 3.
- 4.
- 5.

**Ask yourself:** *Do these relationships reinforce your identity and direction? If not, set boundaries or add the voices you need.*

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